



# TriKids Races

## Gerick's Wasa Triathlon

\*\*\* All ages at the end of 2010

**Race #1**  
**TriKids 4-5**  
 Swim 50 m  
 Bike 1.5 Km  
 (5 laps in transition)  
 Run 500m

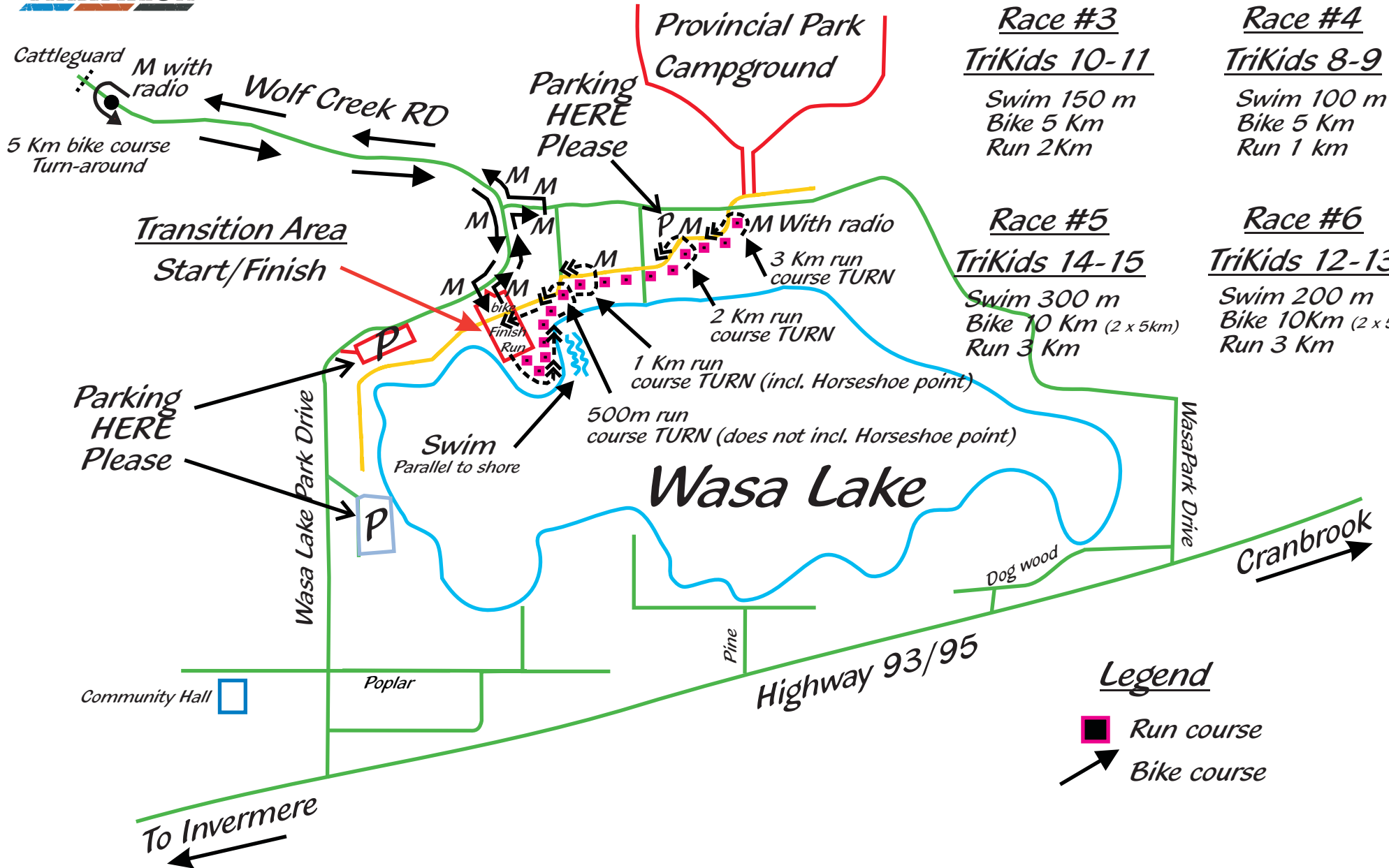
**Race #2**  
**TriKids 6-7**  
 Swim 50 m  
 Bike 1.5 Km  
 (out 750m & back on Wolf Creek)  
 Run 500m

**Race #3**  
**TriKids 10-11**  
 Swim 150 m  
 Bike 5 Km  
 Run 2Km

**Race #4**  
**TriKids 8-9**  
 Swim 100 m  
 Bike 5 Km  
 Run 1 km

**Race #5**  
**TriKids 14-15**  
 Swim 300 m  
 Bike 10 Km (2 x 5km)  
 Run 3 Km

**Race #6**  
**TriKids 12-13**  
 Swim 200 m  
 Bike 10Km (2 x 5km)  
 Run 3 Km



**Legend**

- Run course
- Bike course